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# Personalised Medicine and Health Economics – The Art of Defining Benefit for Society and Individuals

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ICPerMed International Conference  
Berlin  
20<sup>th</sup> to 21<sup>st</sup> November 2018

# Personalised Medicine is...

*...underpinned by the premise that it is feasible to identify known heterogeneity within a disease or population and use this information to guide management strategies to improve health and well-being*

*In theory: the perfect solution to the challenge of maximising value for money*

# Personalised Medicine requires...

- A 'personalised' component to enable the selection of optimal screening strategies, interventions or therapies
  - Single diagnostic test
  - Algorithm combining a number of tests or patient-level characteristics
- A mechanism (or 'tool') that, in theory and in practice, provides information in addition to the current available strategies used to select interventions
  - Genomics, Transcriptomics, Proteomics, Metabolomics
- **Evidence** to support effective introduction into clinical practice

# Two key questions

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1. What do we mean by benefit?
2. Who will realise the benefit?

# What do we mean by benefit?

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Benefit

Value: the worth of doing something

# Who will realise the benefit?

Society

Patient groups

Employers

Researchers

Regulatory  
agency

Reimbursement  
agency

Industries\*

Healthcare System

local, regional, national

Providers

Payers

Commissioners

Policy-makers

Clinician-patient

Individual

*For example: pharmaceutical, diagnostics, information technology*

*The benefits of personalised medicine to patients, society and healthcare systems  
Charles River Associates, 2018 for EBE & EFPIA*

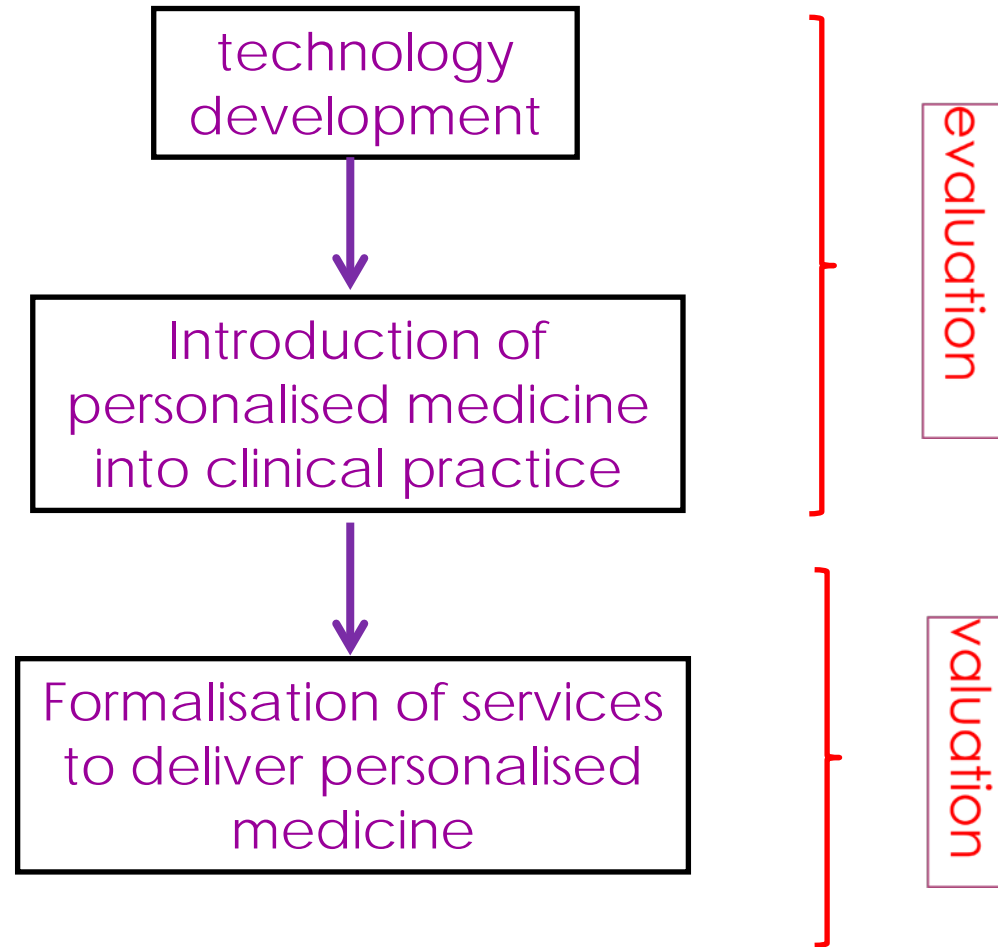
# Opportunity cost

Stu's Views

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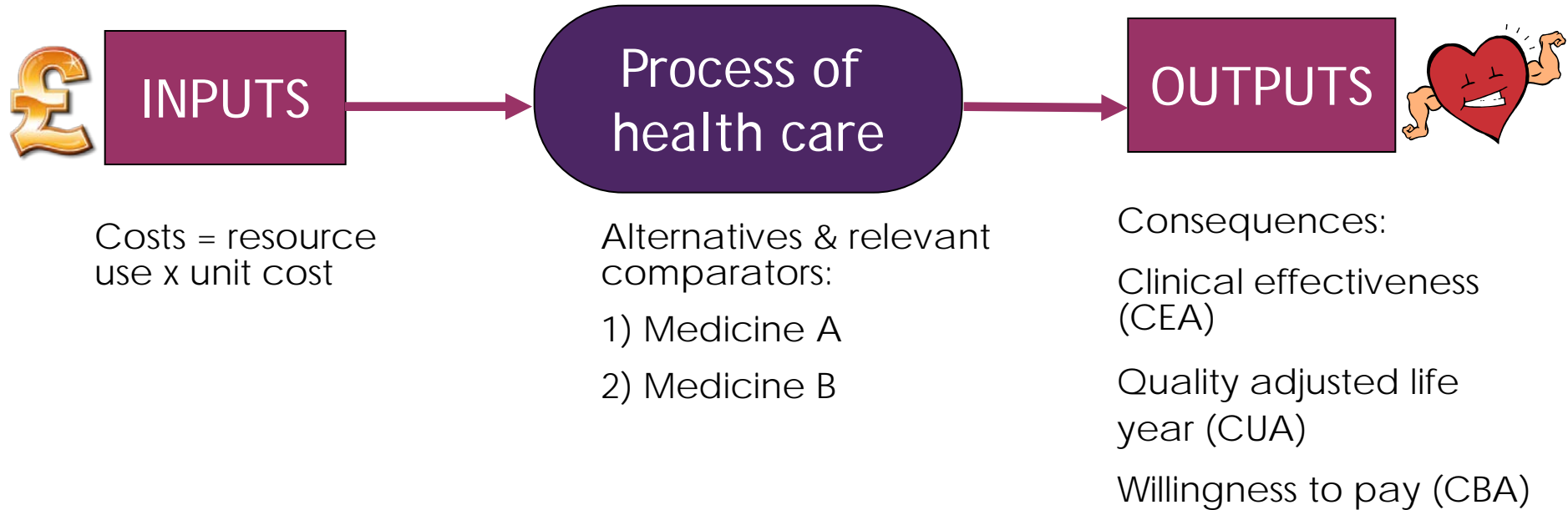


# Knowing the Value of Personalised Medicine





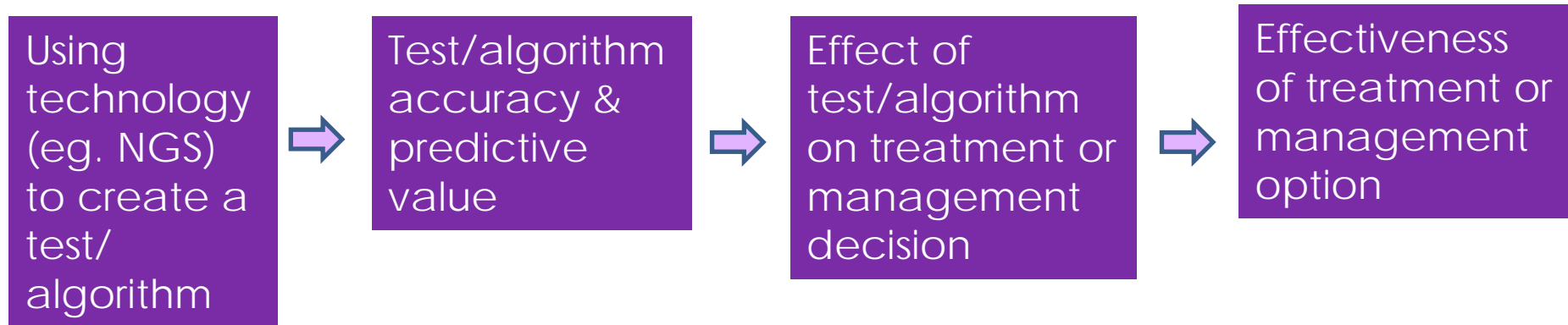
# Economic evaluation



Study perspective  
Time horizon

# Measuring Clinical Effectiveness:

## Need for 'end-to-end' evidence



# Measuring health status: The EQ5D-3L

## Mobility

- I have no problems walking about
- I have some problems in walking about
- I am confined to bed

## Self-care

- I have no problems with self-care
- I have some problems washing or dressing myself
- I am unable to wash or dress myself

## Usual activities (e.g. work, study, housework, family or leisure activities)

- I have no problems with performing my usual activities
- I have some problems with performing my usual activities
- I am unable to perform my usual activities

## Pain/Discomfort

- I have no pain or discomfort
- I have moderate pain or discomfort
- I have extreme pain or discomfort

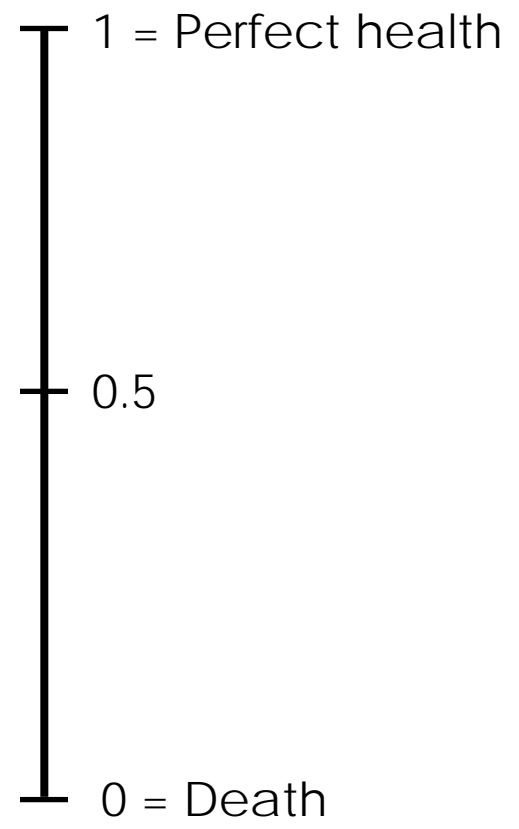
  
  

## Anxiety/Depression

- I am not anxious or depressed
- I am moderately anxious or depressed
- I am extremely anxious or depressed

## Utility

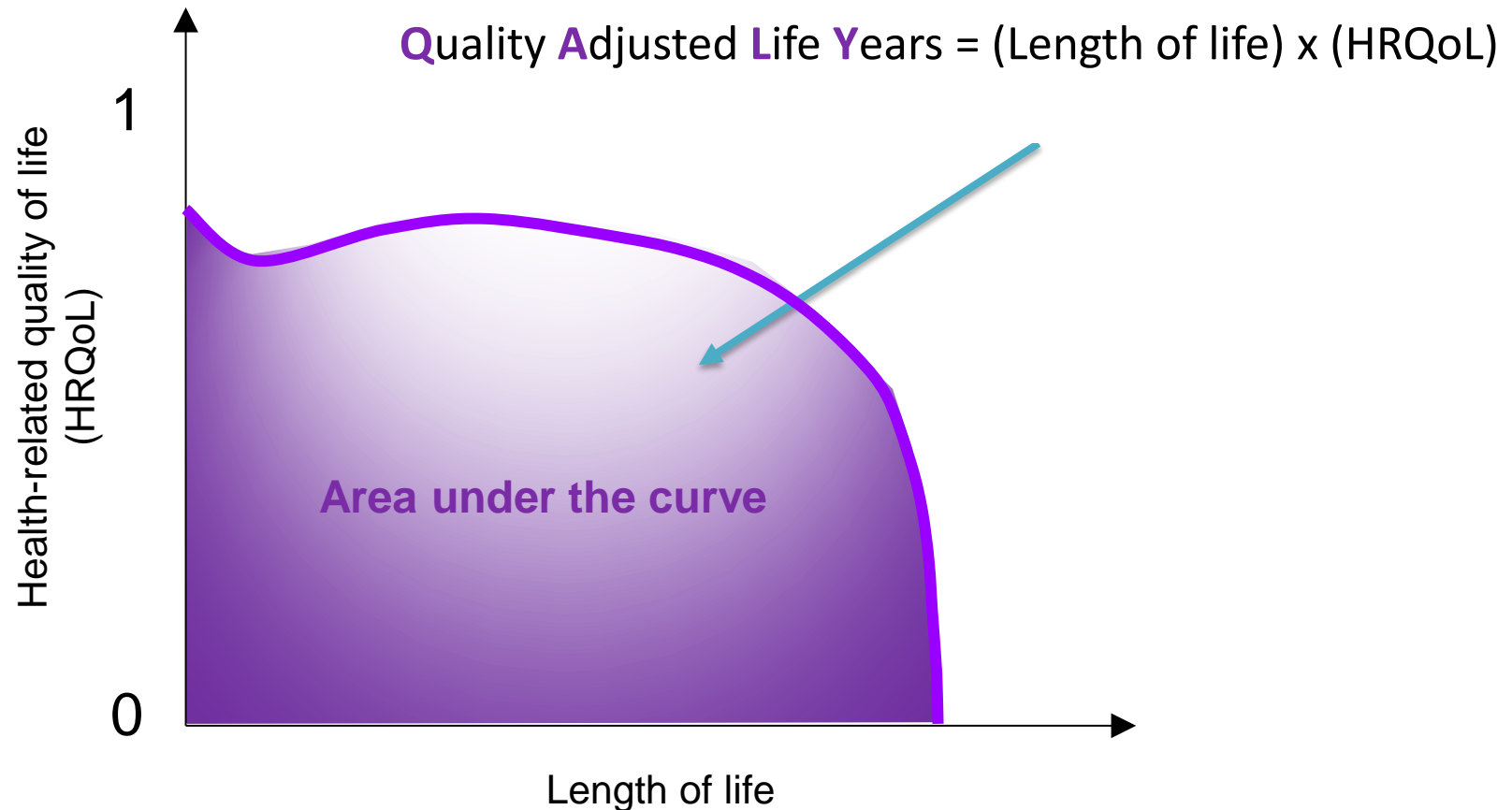


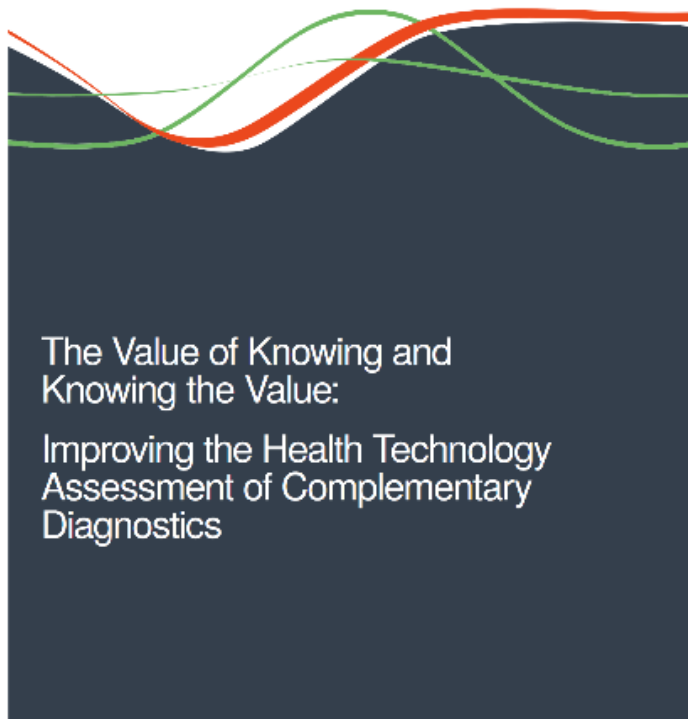
= 21221

→

$3^5 = 243$  possible health states plus dead

# The QALY (Quality Adjusted Life Year)



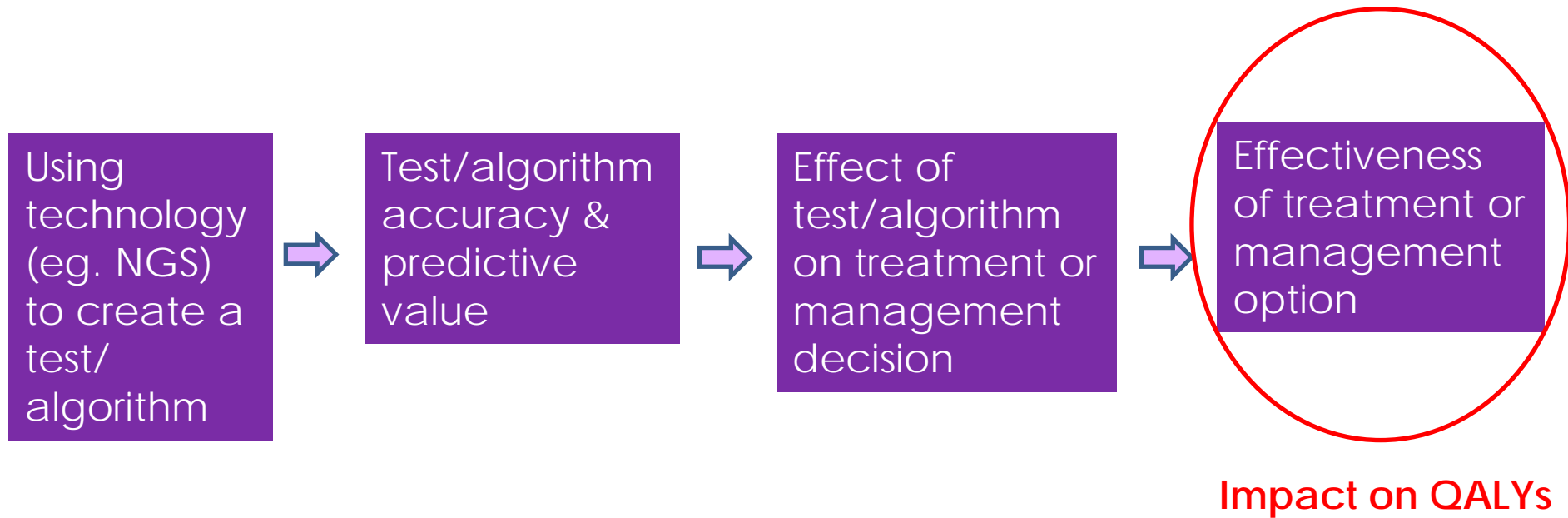


WHITE PAPER

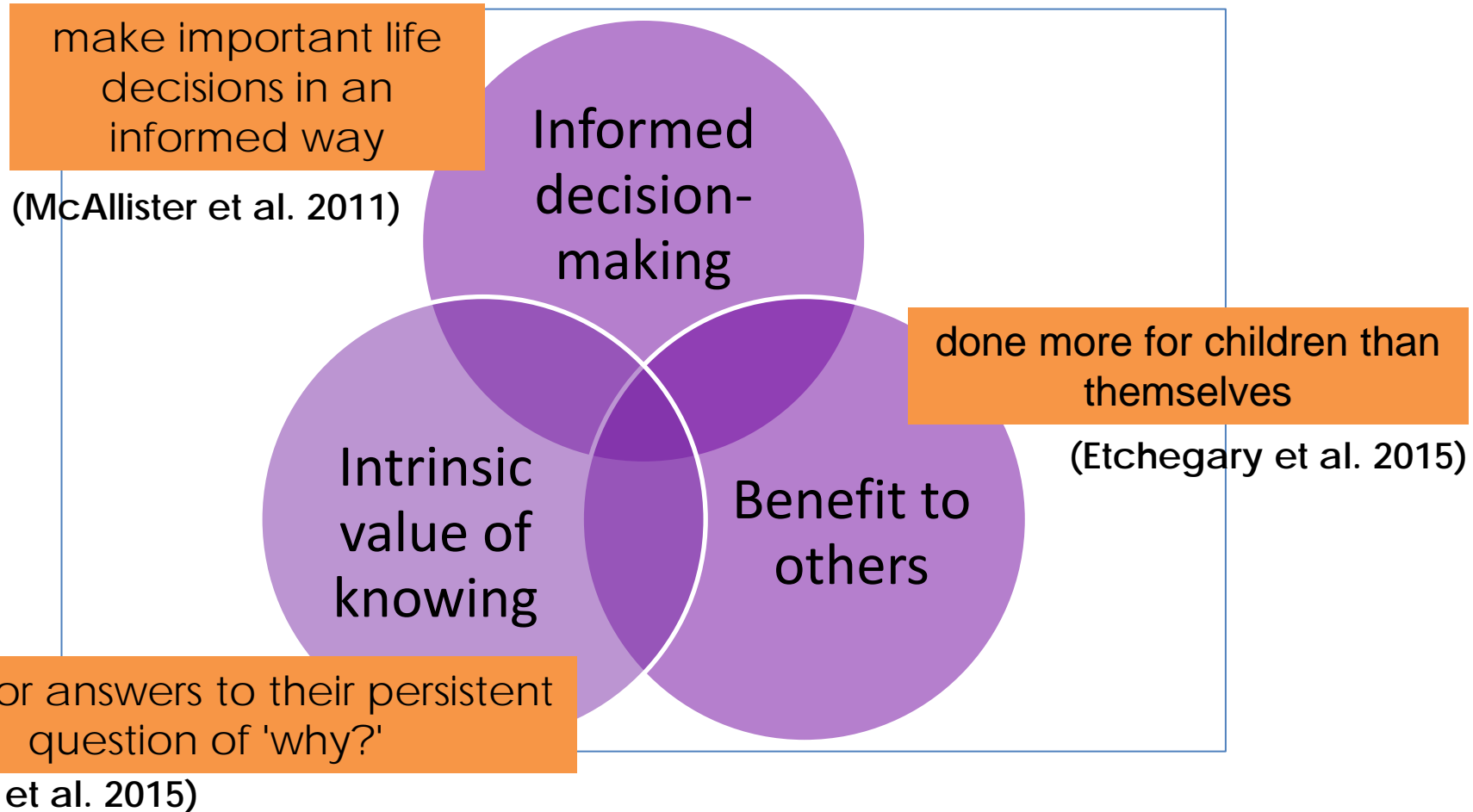
July 2016

*...health technology assessment (HTA) of medicines and devices may overlook or undervalue important elements of value provided by diagnostics - in particular, value related to the diagnostic information itself*

# Measuring impact on health status



# Diagnosis: a taxonomy of non-health value



Eden M, Daker-White G, Black G, Payne K. Developing a taxonomy of non-health value for genomic-based diagnostic tests. Value in Health 2017; 20(5):A6

# Beyond health: capability (well-being)

HEALTH ECONOMICS

Health Econ. 22: 258–271 (2013)

Published online 6 February 2012 in Wiley Online Library (wileyonlinelibrary.com). DOI: 10.1002/hec.2795

## VALUING THE ECONOMIC BENEFITS OF COMPLEX INTERVENTIONS: WHEN MAXIMISING HEALTH IS NOT SUFFICIENT

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Genetics  
inMedicine

ORIGINAL RESEARCH ARTICLE

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## Exploring the feasibility of delivering standardized genomic care using ophthalmology as an example

Niall Davison, MSc<sup>1</sup>, Katherine Payne, MSc, PhD<sup>1</sup>, Martin Eden, MSc<sup>1</sup>, Marion McAllister, PhD<sup>2</sup>, Stephen A. Roberts, PhD<sup>3</sup>, Stuart Ingram, MSc<sup>4</sup>, Graeme C.M. Black, FRCOphth, DPhil<sup>4</sup> and Georgina Hall, MSc<sup>4</sup>

## ICECAP- adult

**1. Feeling settled and secure**

I am able to feel settled and secure in all areas of my life  4

I am able to feel settled and secure in many areas of my life  3

I am able to feel settled and secure in a few areas of my life  2

I am unable to feel settled and secure in any areas of my life  1

**2. Love, friendship and support**

I can have a lot of love, friendship and support  4

I can have quite a lot of love, friendship and support  3

I can have a little love, friendship and support  2

I cannot have any love, friendship and support  1

**3. Being independent**

I am able to be completely independent  4

I am able to be independent in many things  3

I am able to be independent in a few things  2

I am unable to be at all independent  1

**4. Achievement and progress**

I can achieve and progress in all aspects of my life  4

I can achieve and progress in many aspects of my life  3

I can achieve and progress in a few aspects of my life  2

I cannot achieve and progress in any aspects of my life  1

**5. Enjoyment and pleasure**

I can have a lot of enjoyment and pleasure  4

I can have quite a lot of enjoyment and pleasure  3

I can have a little enjoyment and pleasure  2

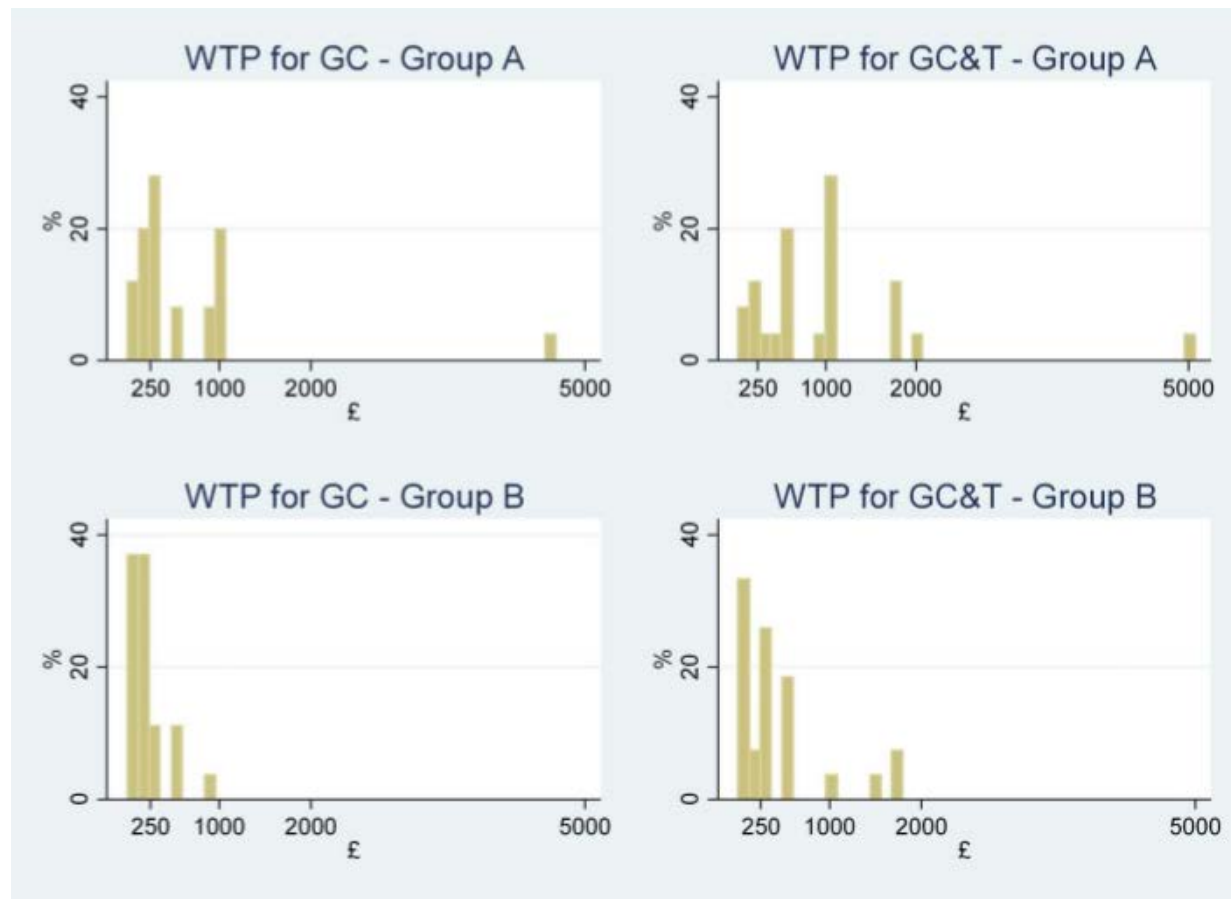
I cannot have any enjoyment and pleasure  1



# Valuing the benefits of genetic testing for retinitis pigmentosa: a pilot application of the contingent valuation method

*Br J Ophthalmol* 2013;**97**:1051–1056.

Martin Eden,<sup>1</sup> Katherine Payne,<sup>1</sup> Ryan M Combs,<sup>2</sup> Georgina Hall,<sup>3</sup> Marion McAllister,<sup>4</sup> Graeme C M Black<sup>5</sup>



## Cost- benefit analysis

**Normative principle:** welfarism;  
individual's view of utility combined

**Valuing consequences:**  
willingness to pay (£/€)

**Decision rule:** choose the intervention  
when £ (or €) consequences > £ (or €)  
costs

## Cost- effectiveness /utility analysis

**Normative principle:** Extra-welfarism;  
information beyond individuals'  
collective utilities allowed

**Valuing consequences:**  
Quality adjusted life years (QALYs)

**Decision rule:** choose the intervention  
when incremental £ (or €) per QALY <  
defined threshold (eg. £20,000 per  
QALY)

# Case study 1: TPMT to stratify the use of azathioprine for people with autoimmune conditions

## Trial-based cost-effectiveness analysis



Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

**ScienceDirect**

journal homepage: [www.elsevier.com/locate/jval](http://www.elsevier.com/locate/jval)



## The Cost-Effectiveness of a Pharmacogenetic Test: A Trial-Based Evaluation of TPMT Genotyping for Azathioprine

Alexander J. Thompson, MSc<sup>1</sup>, William G. Newman, FRCP, PhD<sup>2</sup>, Rachel A. Elliott, PhD, BPharm, MRPharmS<sup>3</sup>, Stephen A. Roberts, PhD, BSc<sup>1</sup>, Karen Tricker, PhD, MPM<sup>2</sup>, Katherine Payne, PhD, MSc, BPharm, MRPharmS<sup>1,\*</sup>

# Result: The cost effectiveness plane

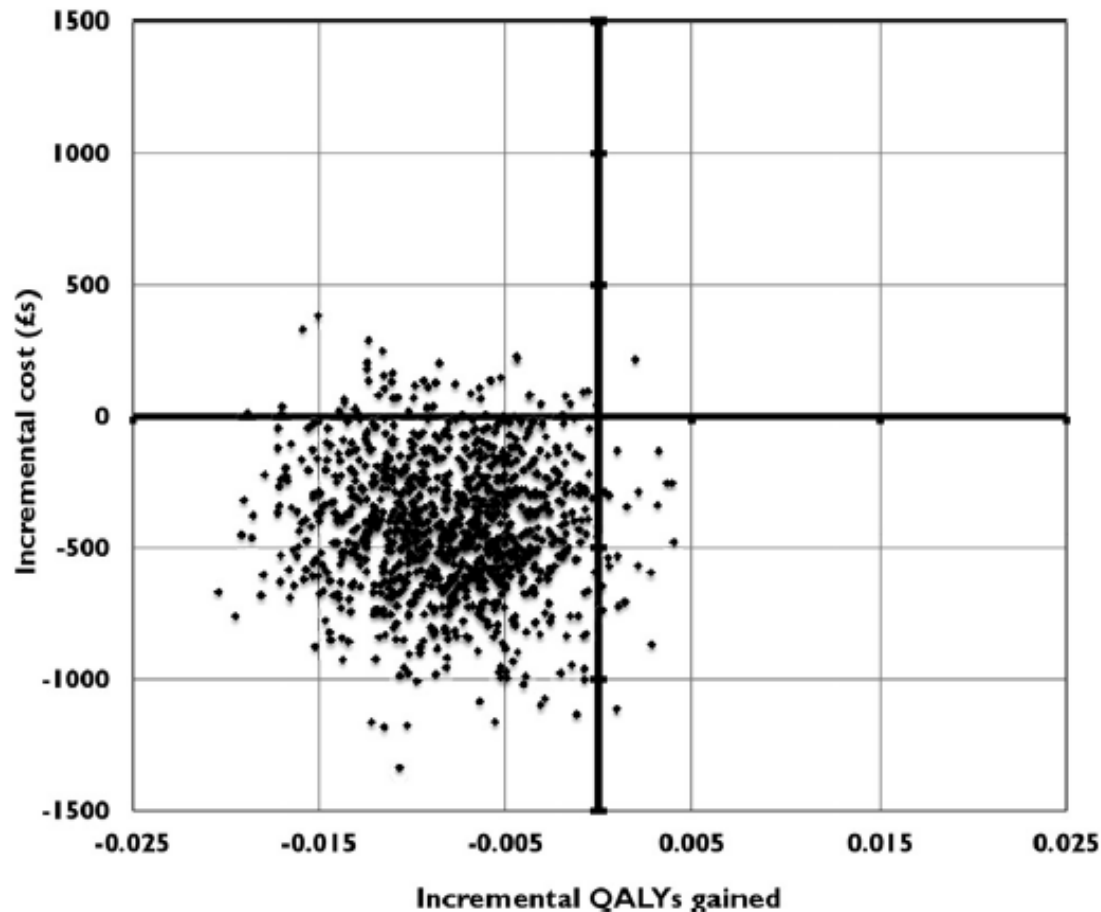


Fig. 2 – Cost-effectiveness plane of TPMT genotyping and treatment versus no-genotyping and current practice.

# Case study 2: Stratified national breast screening programme using risk estimation with Volpara breast density

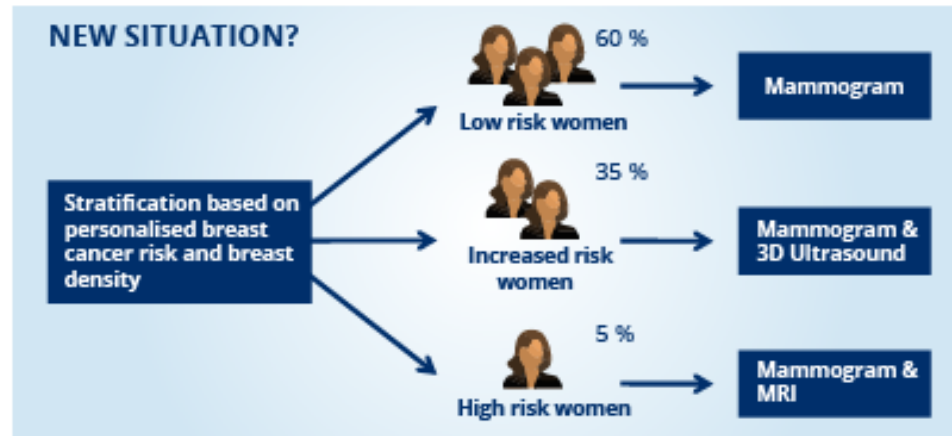
## Model-based cost-effectiveness analysis

## Personalised Breast Cancer Screening

Welcome to the website of the ASSURE project for personalised breast cancer screening. The ASSURE project is supported by the European Union under the 7th Framework Programme for Health Research, and started in December 2012. The project is coordinated by the Radboud University Nijmegen Medical Centre.

Currently, breast screening is almost exclusively performed with mammography. However, for women with dense breasts the sensitivity of mammography for detecting breast cancer is low. The aim of ASSURE is to develop methods to personalise breast cancer screening, based on risk and breast density markers.

New screening methods using MRI and automated breast ultrasound imaging will be developed. Personalised screening will minimize the risk of a particular patient to have a cancer missed at an early stage, resulting in decreased mortality and increased quality of life due to less radical treatment options.







Available online at [www.sciencedirect.com](http://www.sciencedirect.com)

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journal homepage: [www.elsevier.com/locate/jval](http://www.elsevier.com/locate/jval)



## Evaluation of a Stratified National Breast Screening Program in the United Kingdom: An Early Model-Based Cost-Effectiveness Analysis



Ewan Gray, PhD<sup>1,2</sup>, Anna Donten, MSc<sup>1</sup>, Nico Karssemeijer, PhD<sup>1,3</sup>, Carla van Gils, PhD<sup>1,4</sup>, D. Gareth Evans, MD, FRCP<sup>1,5</sup>, Sue Astley, PhD<sup>1,6</sup>, Katherine Payne, PhD<sup>1,\*</sup>

Risk-stratified-NBSP compared with current UK-NBSP:  
£16,689 per QALY (risk-1) and £23,924 per QALY (risk-2)

Stratified-NBSP including masking approaches:  
£212,947 per QALY (masking) and £75,254 per QALY (risk-1 and masking)



# Case study 3: Prescribing algorithm to select a biologic for people with rheumatoid arthritis

## Valuation study

**Biologic Calculator**

Patient information

Age

Gender

Height (cm)

Weight (kg)

Disease severity

Patient behaviour

Smoking status

Alcohol status

Clinical information

Psoriatic arthritis?












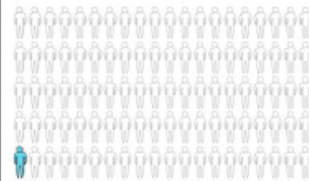

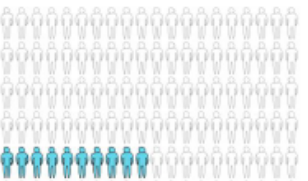


Gene status

Protein antibody status

A Biologic Calculator is one way to choose a treatment.

It could help doctors to direct patients towards the best biologic and dose to try first.

# A Discrete Choice Experiment

	Biologic Calculator A	Biologic Calculator B	Conventional Approach (no Biologic Calculator)
<b>Delay to start treatment</b> 	<b>30 days</b> 	<b>14 days</b> 	<b>No delay</b> 
<b>Ability to predict who will respond</b> 	<b>80%</b> Of 100 people predicted to respond, 80 respond 	<b>40%</b> Of 100 people predicted to respond, 40 respond 	<b>No predictive ability</b>
<b>Ability to predict who will <u>not</u> respond</b> 	<b>80%</b> Of 100 people predicted to <u>not</u> respond, 20 would have  20 people miss effective treatment	<b>100%</b> Of 100 people predicted <u>not</u> to respond, 0 would have  Nobody misses effective treatment	<b>No predictive ability</b>
<b>Risk of infection</b> 	<b>1%</b> 	<b>10%</b> 	<b>10%</b> 
<b>Annual cost saving to the NHS</b> 	<b>£1,500 a patient</b> 	<b>£0 a patient</b>	<b>No cost saving</b>
	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# Predicting uptake

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## How precise does precision medicine need to be?

### Conventional Approach

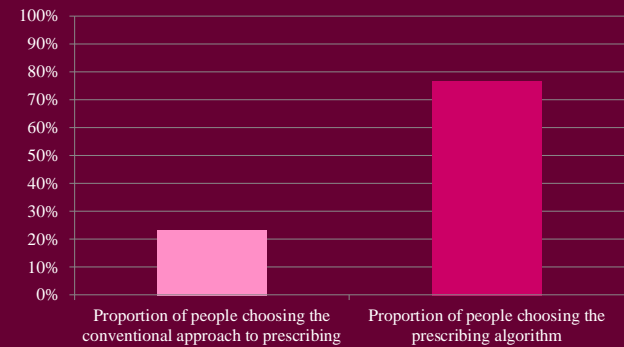
Delay to start of treatment (in days)	5
Positive predictive value (%)	5
Negative predictive value (%)	100
Risk of a serious infection (%)	10
Cost saving to the NHS per patient per year (£)	50

### Prescribing algorithm

Delay to start of treatment (in days)	3
Positive predictive value (%)	80
Negative predictive value (%)	40
Risk of a serious infection (%)	5
Cost saving to the NHS per patient per year (£)	300

### Estimated uptake

23%	Proportion of people choosing the conventional approach to prescribing
77%	Proportion of people choosing the prescribing algorithm



# Concluding Remarks

- Inform resource allocation for a health system: population level
- End-to-end evidence: model-based evaluation with an iterative approach starting early in development phase
- Providing data summarising incremental costs and QALYs is necessary but not sufficient
- Value of diagnostic may not be captured using QALYs
- Valuation studies to understand collective view of individuals about predictive value



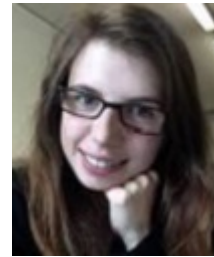
Garima  
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Anna  
Donten



Martin  
Eden



Cheryl  
Jones



Sean  
Gavan



Rob  
Hainsworth



Peslie  
Ng'Ambi



Katherine  
Payne



Alex  
Thompson



Stuart  
Wright



Caroline  
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Ji Hee  
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